

DEVELOPING —

— PEOPLE



CATALOGUE

SKILLS TEAMS INSPIRATION

FOR LIFE AND BUSINESS

LEVEL UP

Unlock your team's potential with Seraphim Coaching and Training Hub,
where excellence meets transformation.

We specialize in crafting impactful team activities tailored for small, medium, and large organizations, making us the perfect partner for anyone leading a team, division or simply want to improve upon professionalism and skills.

At Seraphim, we believe in the power of growth and learning, offering a diverse range of services impacting the people who make businesses, teams and life - work.

FEATURED SERVICES INDEX

click to skip to the page of your choice



SOFT SKILLS COURSES

Over 200 soft skills courses and topics available.

Library of online assessments



THE ENNEAGRAM

COACHING & ASSESSMENTS

Imagine a tool that not only unlocks individual potential as well as transforms team dynamics



INTIMACY COACHING

Explore emotional connection, enhance intimacy, and navigate challenges together with renewed understanding and passion



BUSINESS SERVICES

Explore our support services:
Virtual Assistants,
Administration support
Accounting &
bookkeeping services



TEAMBUILDING

Choose from our In-door or outdoor activities to get your team MOVING together in the right direction



SPEAKERS

Exceptional international Speakers, authors and coaches for all types of events

SOFT SKILLS

WORKSHOPS

Workshops can be tailored to your organisation dynamics, presented in person, on-site or on-line.

CAMPAIGN THEMES can be tailored to include:

- 3 Hour Espresso Skills Session
- 1 Hour Inspirational Speaker
- 1 Teambuilding Activity (Outdoor or Indoor)



TOP FIVE SKILLS FOR SUCCESS

SELECTED FROM OUR EXTENSIVE TRAINING LIST



COMMUNICATION

Communication strategies
Active Listening
Negotiation and Persuasion
Public Speaking
Telephone Etiquette
Effective writing skills



LEADERSHIP AND MANAGEMENT

Vision and Strategic thinking
Planning and scheduling skills
Team Management
Decision Making Skills
Accountability in the Workplace
Employee Dispute Resolution
Women in Leadership
Project Management (Level 1 to 3)
Coaching and Mentorship



EMOTIONAL INTELLIGENCE

Interpersonal Relationships
Self Awareness
Conflict Resolution
Building confidence and assertiveness skills



ADAPTABILITY AND RESILIENCE

Problem-Solving and Decision making skills
Stress Management
Developing creativity
Goal setting and getting things done
Time management
Coaching - a leadership skill
Developing new manaaer



TECHNICAL, DIGITAL LITERACY

Working smarter not harder
Computer Skills and
Software mastery within your area



OVER 100+
topics

in today's economic climate,

**SKILLS, HABITS
and ATTITUDE**

Is the difference between

**SUCCESS AND
STRUGGLE**

Expertise: Our experienced trainers and coaches bring a wealth of knowledge and practical insights, ensuring high-quality training that delivers results.

Flexibility: We offer flexible training solutions, including in-person sessions, online courses, and hybrid models to fit your schedule and preferences.

Proven Success: Join the ranks of successful businesses that have transformed their teams and operations through our training programs.

Training categories include:

Career Development | Supervisory Skills | Management Development | Workplace Essential Skills | HR Development | Customer Service and business skills



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THE ENNEAGRAM

IN BUSINESS AND IN LIFE

Unlock the full potential of your organization and individuals with our transformative Enneagram Workshop and Coaching Programme, designed for business and life excellence.

Tailored specifically for individuals and or team leaders focusing on performance management, team development, individual growth, and personal life enhancement, our program leverages the power of the Interactive Enneagram Assessment to drive impactful results.

WHY THE ENNEAGRAM?

The Enneagram is like a special key that helps you discover more about yourself. It shows you the hidden patterns that make you act in certain ways without even realizing it. Once you understand these patterns, you can rise above them and become a better version of yourself. This system has nine (9) different Types that help you understand yourself and others deeply. It's like a map for becoming a better person. It doesn't put you in a box; instead, it helps you explore who you are and become more aware of yourself.



Think of it as a **TOOL** that guides you on a journey of becoming a better, more complete you. It shows you what might be holding you back, but it also shows you how to become stronger and more free. It connects you with your strengths and your best self



TRANSFORMATIVE BENEFITS

For Individuals:

- **Enhanced Self-Awareness:** Understand your core motivations and behaviors, leading to greater self-acceptance and personal growth.
- **Improved Relationships:** Develop empathy and better communication skills, fostering stronger and more meaningful connections.
- **Stress Management:** Learn techniques to manage stress effectively, enhancing overall well-being and productivity.

For Teams:

- **Optimized Team Dynamics:** Leverage diverse strengths and improve collaboration, leading to higher efficiency and innovation.
- **Conflict Resolution:** Address and resolve conflicts swiftly and effectively, creating a harmonious and productive work environment.
- **Boosted Morale and Engagement:** Foster a culture of understanding and appreciation, driving higher job satisfaction and engagement.

Engaging with the Enneagram can significantly elevate both individual and team performance.

The Enneagram has become a catalyst for organizational development at individual, team, and organizational levels, impacting team development, leadership development, culture, and employee engagement.

Understanding your Enneagram in a workplace setting can have multiple benefits, such as reducing work-related stress, aiding team members through conflict, building team cohesiveness, and improving overall efficiency.



Performance Improvement:

Companies using the Enneagram have reported a 15-25% increase in productivity and performance.



Employee Retention:

Organizations have seen up to a 30% improvement in employee retention rates by incorporating Enneagram insights into their development programs.



Leadership Development:

Over 60% of businesses observed significant improvements in leadership effectiveness and decision-making capabilities.



INTERACTIVE ENNEAGRAM ASSESSMENT

Our program incorporates the Online Interactive Enneagram Assessment, a cutting-edge tool that provides detailed and personalized insights into each participant's personality type.

This dynamic assessment ensures a deeper understanding and practical application of the Enneagram principles, facilitating lasting change and growth



INTEGRATIVE ENNEAGRAM
ACCREDITED PRACTITIONER

CUSTOMIZED GROWTH STRATEGIES

When partnered with one of our certified coach, the Enneagram offers customize growth strategies for each personality style.

This approach optimizes developmental efforts, yielding tangible and enduring outcomes. It provides a framework to deeply investigate the 'why' behind displayed behaviors or resistance, allowing for breakthrough solutions. The

Enneagram gives insight into what intrinsically motivates different people, what engages them, and the risks of disengagement or burnout. It offers a diverse view of leadership that acknowledges nine (or 27) different forms of power and opens up the possibility to develop more leaders from diverse backgrounds and levels.

Unlock the Power of the YOU

PROF REPORT



ENNEAGRAM



THE PROFESSIONAL REPORT

The Professional reports are written and presented in an meaningful and relevant way using familiar language making it easily relatable.

The reports are quite comprehensive, insightful and reflect the nuances of the person beyond their main Enneagram style.

The report is multi-layered and gives depth and understanding by adding information and awareness of your personality typing and influences such as:

1. Subtypes,
2. Centers of expression,
3. Triadic styles,
4. Strengths and development areas,
5. Wings,
6. Lines of stress or release,
7. Levels of integration and
8. current context measured as areas of strain.



FINDING DIRECTION

Every great journey starts with the first step and when you are ready - let's do it!



STEP 1

Complete the Online questionnaire.
175 questions, approx. 30 mins to complete (Uninterrupted)



STEP 2

Book either:

- Team Workshop (Face-to-face)
- 1h30 Feedback session (Face-to-face / Online)



STEP 3

Coaching Programme (Face-to-face / Online)

- Jump start the W3 coaching model
- set the schedule and duration
- do the work, reflect, adjust, achieve



The Professional Report also includes insight into these areas:

- Core Enneagram Profile,
- Personal Development,
- Self-Mastery,
- Communication,
- Conflict,
- Decision-making,
- Leadership,
- Teamwork,
- Giving and Receiving Feedback,
- Engagement and
- Dealing with Complexity
- which are relevant to the business environment and effectiveness.



Reveal
the candidate
skills to match the
needs of the
position.

More Certainty - Less guessing

Navigating the recruitment or skills assessment process can be intricate, demanding, and filled with uncertainties.

Eliminate the challenges of identifying top candidates by leveraging precise, automated, and impartial deep analysis. Rediscover the thrill in the hiring and evaluation process.

Explore our on-the-job skills assessments



Select a Test: Pick from a diverse array of assessments tailored to your job specifications, covering technical skills, cognitive abilities, and personality traits.



Invite Candidates: Extend invitations to candidates via email or share the test link on WhatsApp.



Evaluate Results: After candidates have completed the test, delve into their results to gain valuable insights into their skills and

Over 1400 Tests available
Sales Functions / Marketing and Accounting /
Admin and HR / Engineering and more



Start assessing skills today

Choosing Seraphim for your pre-hiring or skills assessments today. It's easy, reliable and secure.

Optimise your screening process by upwards of 75% with an estimated 82% reduction time in the hiring process.

Enhance Efficiency: With Seraphim, efficiently evaluate candidates' skills, eliminating the need for prolonged interviews or multiple assessment rounds.

Elevate Candidate Experience: The on-the-job skills assessments offer candidates a lifelike glimpse into the job, aiding their preparation for subsequent interviews / performance management.

Make Data-Driven Decisions: Count on the assessments to offer objective data, enabling you to make informed and confident choices in the hiring and skills evaluation process.

Build diverse team: Say goodbye to unconscious bias. Give all candidates an equal opportunity to showcase their talent. The

Explore our on-the-job skills assessments



Technical Skills Tests

Evaluate candidate's proficiency in programming, software development, web design, data analytics and other technical skills.



Cognitive Ability Tests

Assess candidates' problem-solving skills, critical thinking, logical reasoning and numerical aptitude.



Situational Judgment Tests

Evaluate candidates' responses to hypothetical scenarios that they are likely to encounter in the workplace.



Typing Tests

Assess candidate's typing speed and accuracy, which is important for roles that involve data entry or transcription.



Job-Specific Tests

SCTH offers job-specific activities in specific industries or roles such as accounting, sales, customer service, hospitality and more.

Tests Available

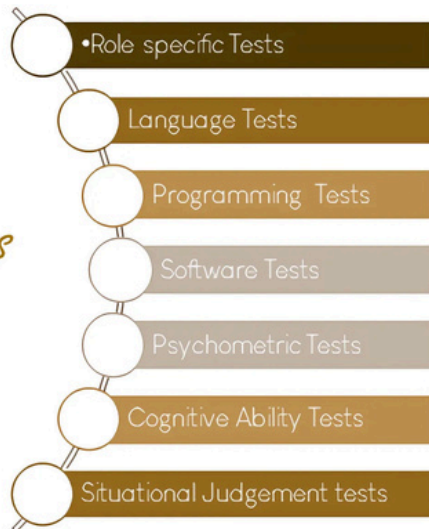
Solutions Per Industry and by roles including but not limited to: Customer Service Representatives, Project Managers, Accountants, Administrators, Marketing managers, Sales Representatives, Social media reps, IT Technicians, Admin Assistants

Example – Hospitality:

The blue-collar test for Waiter assesses candidates' skills in customer service, communication, menu knowledge, and order accuracy, helping employers identify qualified individuals for waiter positions in the hospitality industry.

Waiter/Waitress / Banquet Server/ Server/Food and Beverage Attendant / Dining Room Attendant/ Cafeteria Worker / Barista/ Restaurant Host/Hostess Bartender / Catering Assistant

Test Types



How does it Work

FINDING DIRECTION

Every great journey starts with the first step and when you are ready.

1. Candidates will be invited to the platform using a valid email address to be completed either at your premises or in their own time pending your preferences.
2. The pre-approved assessments will be submitted for completion with timing ranging from 15 min up to 50 pending the number of assessments required per candidate.
3. Results will be submitted upon completion of each candidate assessment for your review.

Note:

- One assessment is equal to one credit.
- Monthly credit minimum is 10 tests to be used as and when you require.
- Assessments can be a combination of skills.
- Candidates have approximated 30 days to complete assessments *(Can be set based on your requirements.)*
- Specifically designed assessments can be drafted to match your specific roles and responsibilities.

Easy to Advance

- Your in-house representative may be added as a recruiter-user to navigate and assign assessments OR
- **This can be managed on your behalf.**
- Effortless obtain candidate scorecards to gain deeper insights into candidate benchmarks.
- The platform automatically detects plagiarism, web activity for cheating and record session screenshots and video.

The tests have **three levels of difficulty** and are graded either as beginner, intermediate or advance.

Test technical and non-technical skill sets, including various workplace skills.

Choose between multiple-choice, open ended or video response questions, depending on your requirements.



GENERAL BUSINESS

Data Entry
Typing and document set up
Business Profiles and Strategies
Proposals and Quotations
E-mail correspondence
Meeting Minutes
On-site filing and organising
Scanning documents
Completing forms for e.g. credit applications or registration as preferred supplier
Diary Management
Reminders for special dates such as licence renewal or anniversaries
Following up with people

PRESENTATIONS

Developing Powerful multimedia presentations.
Design company branded slides

DIGITAL DESIGN

Digital Corporate Video development
Educational Video Development
Business Branding Templates
Wix Website design and set up
Basic business designs: stationery, banners, reels

BUSINESS SUPPORT SERVICES

HR ADMIN

- Managing Employee Personnel Records.
- Preparing & Managing HR Documents
- Revise Company Policies
- Assist in HR Projects (Events / Employee Days)

FINANCE

- Business registration
- Accounting
- Bookkeeping and payroll packages

HR

INTIMACY *coaching*

Embrace your Authenticity,
Cultivate Connection, Overcome Fear

singles
couples
trauma abuse survivors
seeking personal growth
professionals

Overcome Challenges

Achieve Fulfilment

Intimacy coaching is beneficial for anyone looking to improve their relationship with themselves and others, develop deeper connections, and enhance their overall well-being.

- Learn How to Confidently Express Your Desires and Needs
- Rebuild Trust and Strengthen the Foundation of Your Relationship
- Cultivate Deeper Connections and Greater Emotional Fulfilment
- Ignite the Spark in Your Sex Life and Reconnect with the Deepest, most authentic parts of yourself and your partner
- Bridge the Gap and Find Harmony in Your Sexual Desires.
- Heal from Heartbreak and Rediscover Your Strength and Resilience.
- Explore Sensuality and Heighten Pleasure in Your Relationship

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WORKSHOPS

SEMINARS AND TALKS

ONE-ON-ONE COACHING

EVENTS AND HIKES



HOW DO YOU KNOW ITS FOR YOU?

- Struggling to express your needs, desires, or boundaries
- Frequent misunderstandings or feeling unheard by your partner.
- Feeling emotionally distant or disconnected from your partner.
- Difficulty building or maintaining trust and vulnerability.
- Facing frequent or unresolved conflicts that strain the relationship.
- Inability to find constructive solutions to disagreements.
- Experiencing a decline in physical affection or sexual activity.
- Feeling dissatisfied or unfulfilled in your sexual relationship.
- Struggling with low self-esteem or self-acceptance.
- Difficulty understanding or acknowledging your own needs and desires.
- Repeating negative patterns or behaviors in relationships.
- Feeling stuck in a cycle of codependency or power imbalances.
- Experiencing unresolved trauma or emotional wounds that impact your current relationship.
- Difficulty moving past previous negative experiences.
- Struggling to set or maintain healthy boundaries.
- Feeling your boundaries are frequently crossed or disrespected.
- Facing major life changes such as marriage, parenthood, or separation.
- Needing support to navigate these transitions while maintaining intimacy.
- Seeking to improve your emotional intelligence and interpersonal skills.
- Wanting to develop a deeper understanding of yourself and your relationships.
- Navigating the complexities of non-traditional relationships such as polyamory or open relationships.
- Seeking guidance on maintaining intimacy and connection in these dynamics.
- Feeling generally dissatisfied or unfulfilled in your relationship.
- Sensing that something is missing or that the relationship could be more fulfilling.
- Dealing with mental or physical health issues that affect intimacy.
- Needing strategies to manage these challenges within the relationship.

in association with



SACRED INTIMACY SECRETS

COACH TAMARA CARTER

in association with



TEAM ACTIVITIES

INDOOR AND OUTDOOR

Unlock the potential of your team with Phoenix Teambuilding and Training, where innovation meets collaboration.

At Phoenix, we specialize in transforming ordinary teams into extraordinary ones through dynamic, engaging, and results-driven activities tailored for small, medium, and large organizations.

Our bespoke programs are designed to inspire leadership, enhance communication, and foster a spirit of unity and excellence among team members.

customer

FAVOURITES



Interactive Drumming

Interactive Drumming relieves stress, anxiety and forces the team to have fun as ONE. How can you go wrong with the sound of music



Fire Walking & Glass Walking

A life changing experience with a world-renowned facilitator and team. You will be motivated to become a better you. You say impossible, I say possible. Making the impossible, possible



Gone in 60 Seconds
(Minute To Win It)

Face a series of challenges and complete them in 60 seconds. High paced, fun, and challenging.... Sounds easy? Think again



Impi War Dance Challenge

Our facilitators will teach the group a dance. The dance will be performed, filmed, and loaded on Tik-Tok. Make your team famous and challenge other departments.

more than a decade in experience in facilitating team buildings with a selection of over 30 game activity options for all occasions, preferences and results

TEAM STRESS BUSTER

in association with

RN
RETHA NEL
WWW.RETHANEL.CO.ZA



THE PROGRAMME

A unique combination of “out the box” tools, modern Access techniques that offer real-world impact. What if your team could gain deep insights with practical tools to strengthen resiliency against angst and worry on a daily basis?

Team Development doesn’t have to be a struggle – what if it was fun AND effective?

Stress Buster Access Consciousness Tools with facilitator Retha Nel.

We all know that feeling when it seems like the sky is falling. And not just falling but falling specifically on YOUR head!

Stress seems to be something that we have decided is a byproduct of modern life and something we “just have to deal with.”

What if there was another way?

This Workshop utilizes the powerful Access Consciousness tools to help participants:

- reduce stress and sustain it,
- increase mental clarity, and
- improve overall well-being.

Access Bars, a core component of Access Consciousness, has been shown to have significant positive impacts on stress levels.



Studies and reports have shown reduce stress and anxiety by **85%** on average. **55%** improvement in mental clarity and focus after an Access Bars session. **65%** of individuals experience a notable increase in overall well-being and relaxation. **60%** reduction in symptoms of depression

renowned national and international
SPEAKERS
in association with



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DRIVE MORALE WITH EXCELLENCE

Welcome to Lady M Renaissance, your premier partner in corporate motivation and inspiration. We specialize in empowering teams and leaders to reach their highest potential through our elite roster of motivational speakers, authors, and facilitators.

At Lady M Renaissance, we believe that the heart of any successful organization is its people, and we are dedicated to fostering growth, innovation, and excellence within your workforce.

Dr Mamikie Molapo is a distinguished educator, inspirational speaker, coach, mentor, and leadership coach. She is renowned globally for her expertise in leading sessions specifically tailored for leadership roles.

She has led incredible sessions for corporate entities, government departments, and faith-based organizations.

She recently facilitated the strategic session for NUM (National Union of Mineworkers) as well as the Leadership training and development Session for Structured Risk Solutions..

MOLAPO

DR MAMIKIE

WORLD-CLASS EXCELLENCE FOR EVERY EVENT



TOPICS



LEADING WITH CONFIDENCE: STRATEGIES FOR SELF-ASSURED SUPERVISION



Boost your self-confidence and lead your team with assurance and authority. This session explores techniques for developing a confident leadership presence, making decisive decisions, and handling challenges with poise. Learn how to project confidence to inspire and motivate your team effectively.



A RENAISSANCE OF SELF



Tap into your inner strength and resilience to navigate life's challenges and pursue your dreams. This topic delves into techniques for boosting self-confidence, setting boundaries, and maintaining a positive outlook. Equip yourself with the tools to face adversity with grace and emerge stronger and more self-assured.



CULTIVATING LEADERSHIP AWARENESS AND PURPOSE



Unlock the transformative power of emotional intelligence to become a more effective leader. This session focuses on developing self-awareness, understanding your emotional triggers, and aligning your leadership style with your core values and purpose. Learn how to lead with authenticity and inspire your team through genuine connections.



SPEAKER COACH MENTOR

Dr. Richie Achukwu

Dr. Richie Achukwu is not just a speaker — he's a catalyst for deep, lasting transformation.


With a powerful blend of spiritual wisdom and practical strategies, he helps individuals break through mental barriers, master themselves, and create a life of purpose and success.

A Harvard-trained leadership expert with global certifications, Dr. Richie has shared the stage with legends like Robert Kiyosaki and Les Brown. His influence extends across continents, from corporate boardrooms to international media platforms like CNBC Africa and TBN.


Whether coaching executives, inspiring audiences, or guiding personal breakthroughs, Dr. Richie delivers more than motivation — he provides the tools for real, sustainable change.

Ready to step into your full potential? Dr. Richie will show you how.

"Where Spiritual Wisdom Meets Transformative Coaching"



THE POWER OF SELF-MASTERY AND PURPOSE-DRIVEN GROWTH



At the core of Dr. Richie's philosophy is self-mastery — helping individuals recognize their inner triggers, remove mental barriers, and develop the resilience needed to excel.

His approach isn't about surface-level motivation; it's about deep, sustainable transformation rooted in timeless principles. His teachings provide clarity, equipping individuals to rise above their limitations and align their lives with a greater sense of meaning.

Dr. Richie's work is backed by world-class academic credentials. He holds a doctorate in Leadership and Management from Logos University, has received elite training from Harvard University, and carries international certifications from the UK.

Additionally, he has a Master's degree in Neuro-Linguistic Programming (NLP), equipping him with advanced tools to help people shift their thinking and maximize their potential.

ACADEMIC EXCELLENCE AND GLOBAL INFLUENCE



Dr. Richie's impact has placed him alongside some of the world's greatest minds. He has shared the stage with Robert Kiyosaki, John DeMartini, Les Brown, Harrison Monarth and other renowned experts in leadership, wealth creation, and influence.

His ability to engage, inspire, and challenge audiences has made him a sought-after speaker at high-level conferences, empowering individuals to step into their full potential.

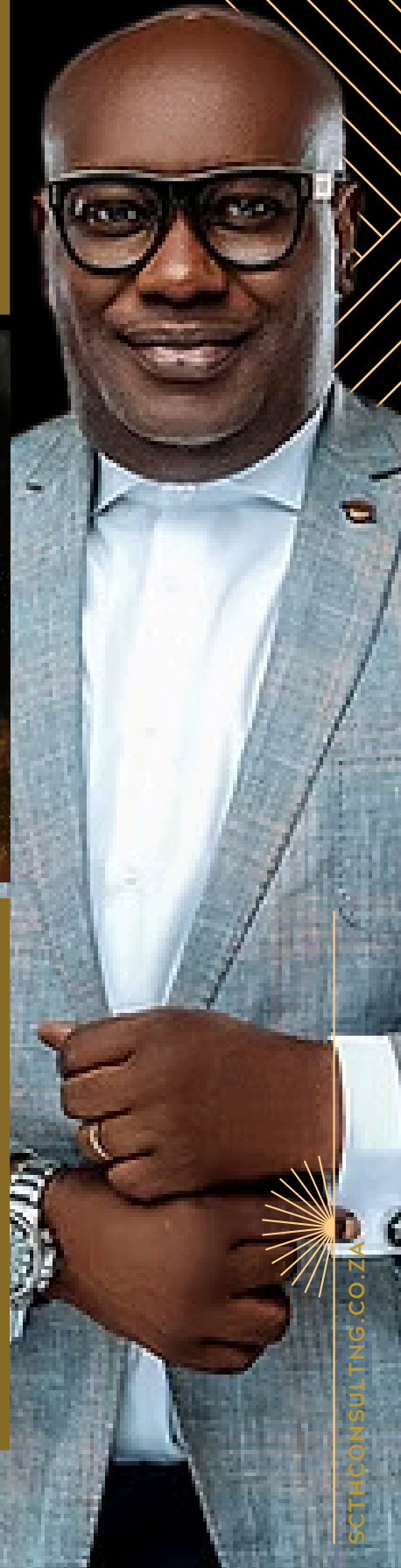
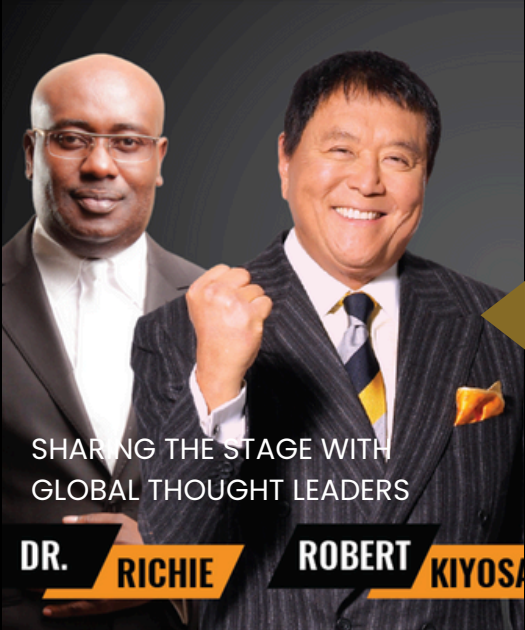
SHARING THE STAGE WITH
GLOBAL THOUGHT LEADERS

DR.

RICHIE

ROBERT

KIYOSAKI



TEAMS

SKILLS

INSPIRATION



TEAMS

SKILLS

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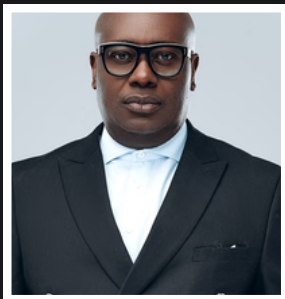
Dr Mamikie Molapo



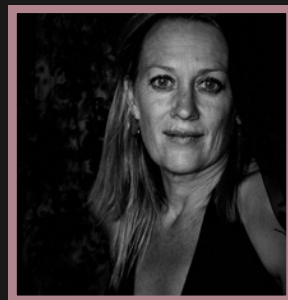
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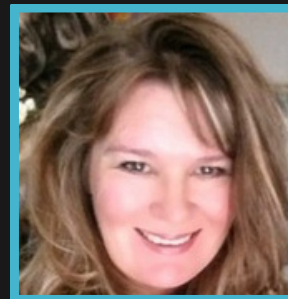
Aletta Du Plessis



Dr Richie Achukwu



Tamara Carter



Retha Nel

LET'S MAKE
IT HAPPEN

Surrounded by greatness

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Together we create more